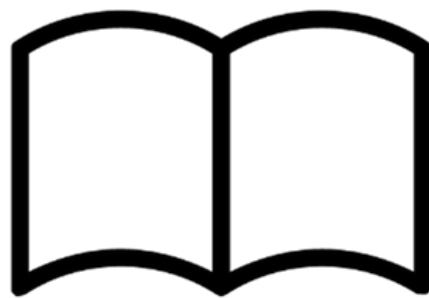




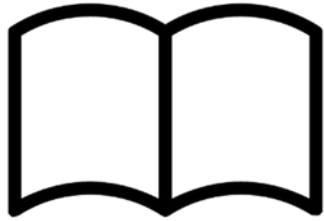
About Disability Commissioner Tasmania

Easy Read version



Easy Read

About Easy Read



Easy Read

This is an Easy Read document.

Easy Read uses pictures to explain ideas.

Bold

Bold

Hard words are in **bold**.

We tell you what they mean.



There is also a word list on page 16.



You can ask for help to read this document.

A friend, family member or support person may be able to help you.

About this document



We are Disability Commissioner Tasmania.
We wrote this document.



This is an Easy Read summary of the 'About us' web pages.
It includes the most important ideas.



You can find the web pages on our website.
www.disabilitycommissioner.tas.gov.au/about-us

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Who we are



We are Disability Commissioner Tasmania.



We are **independent**.

This means we:

- make our own decisions
- do not take sides.



A new law guides our work.

This law is the *Disability Rights, Inclusion and Safeguarding Act 2024*.



This law protects the **rights** of people with disability.

Rights are rules about how everyone should be treated:

- fairly
- equally.

About the Disability Commissioner



The Disability Commissioner leads the office.



The Disability Commissioner is a person with disability.



Dr Catherine Whittington is the Disability Commissioner.

What we do



We protect and promote the rights of people with disability in Tasmania.

We do this by:



- listening to concerns



- promoting inclusion so everyone can take part and belong



- educating the community about disability rights



- taking reports from the community.

About reports



People can make a report to us.

This will be about a person with disability at risk of harm.

Harm can mean:



- **violence** - when someone hurts you



- **abuse** - when someone treats you badly



- **neglect** - when someone is not helping you the way they should



- **coercion** - when someone uses

- fear
- threats
- pressure
- tricks

to make you do something you do not want to do



- **exploitation** - when someone uses you in a way that is unfair.

How to make a report

You can make a report to us by:



Phone:

1800 179 249



Email:

contact@disabilitycommissioner.tas.gov.au



Mail:

Disability Commissioner Tasmania

GPO Box 123

Hobart, Tasmania

7001



Online form:

[www.disabilitycommissioner.tas.gov.au/ report](http://www.disabilitycommissioner.tas.gov.au/report)



Visiting our office:

Level 5

188 Collins Street

Hobart, Tasmania

7001



Meeting us in a place where you feel safe.



Contact us to book a meeting at our office or another place.

What we do with a report



We will review the information.



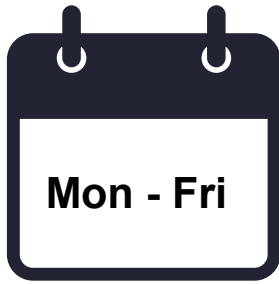
We will contact you on our next actions.



If you or someone you know is in **immediate** danger, call 000.

This means right now.

Contact us



9:00am - 5:00pm

Our office is open:

- Monday to Friday
- 9:00 am to 5:00 pm



You can call us.

1800 179 249



You can email us.

contact@disabilitycommissioner.tas.gov.au



You can send us a letter.

Disability Commissioner Tasmania

GPO Box 123

Hobart, Tasmania

7001



You can submit an enquiry on our website.
[https://www.disabilitycommissioner.tas.gov.au/
contact_us](https://www.disabilitycommissioner.tas.gov.au/contact_us)



You can visit us.
Level 5
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You can meet us in a place where you feel
safe.



Contact us to book a meeting at our office or
another place.

Word list



Abuse

Abuse is when someone treats you badly.



Coercion

Coercion is when someone uses:

- fear
- threats
- pressure
- tricks

to make you do something you do not want to do.



Exploitation

Exploitation is when someone uses you in a way that is unfair.



Immediate

Immediate means right now.

If you or someone you know is in immediate danger, call 000.

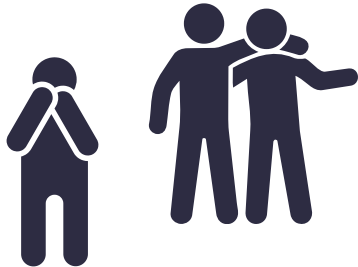
Word list



Independent

When an organisation is independent, they:

- make their own decisions
- do not take sides.



Neglect

Neglect is when someone is not helping you the way they should.



Rights

Rights are rules that say how you can choose to live your own life.



Violence

Violence is when someone hurts you.



Created by

Disability Commissioner Tasmania

June 2026

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Your Voice. Your Rights. Our Purpose.